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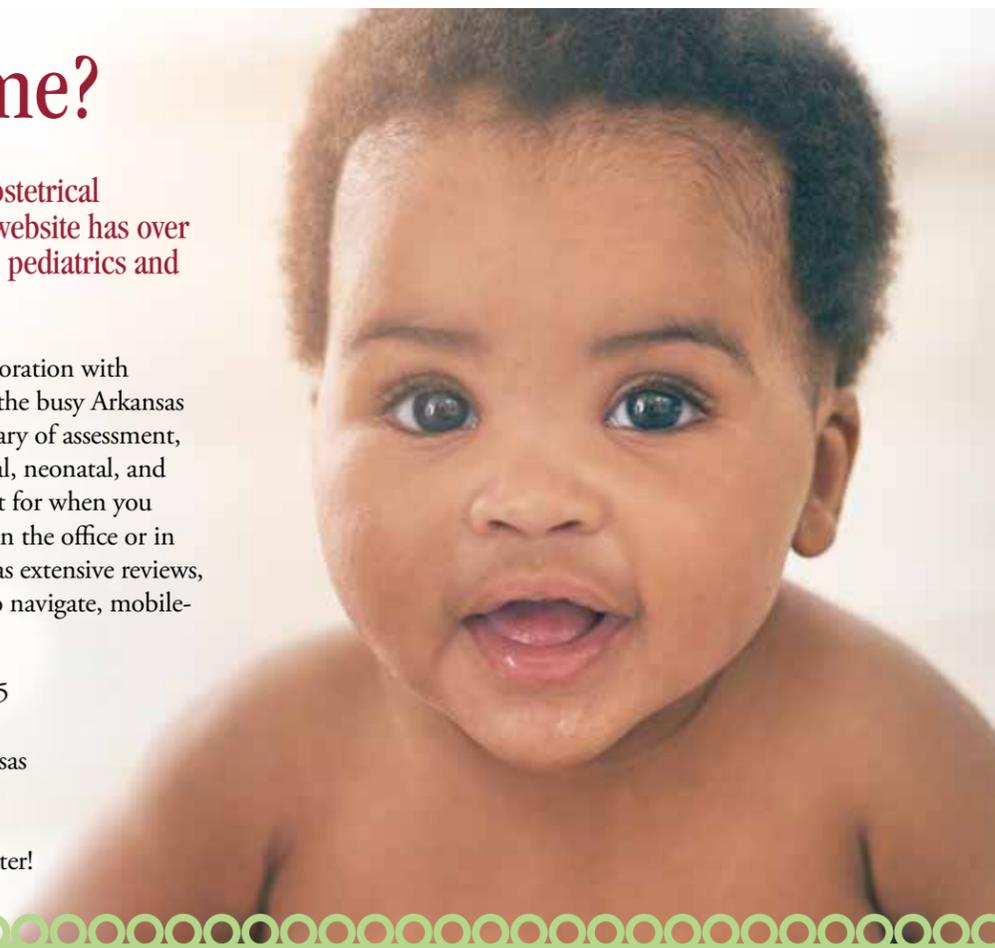
Please contact ANGELS
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Really? For me?

Did you know that in addition to obstetrical guidelines, the ANGELS guidelines website has over 100 guidelines for best practices in pediatrics and neonatology?

Developed by Arkansas experts in collaboration with Arkansas providers, the guidelines serve the busy Arkansas practitioner by providing a quick summary of assessment, diagnosis, and management of obstetrical, neonatal, and pediatric illnesses and conditions. Perfect for when you need a quick reference or local resource in the office or in the hospital late at night. Not intended as extensive reviews, the guidelines are presented in an easy to navigate, mobile-friendly outline format.

Take advantage of easy access to over 225 time-saving obstetrical, pediatric, and neonatal guidelines developed for Arkansas providers. Always freely available at angelsguidelines.com from your smart phone, tablet, laptop, or desktop computer!



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the ANGELSREPORT

March, April, May 2017

ANTENATAL & NEONATAL GUIDELINES, EDUCATION AND LEARNING SYSTEM

Safe Sleeping

By Amanda Shirron, APRN



Does your baby sleep? This is a common question that new mothers get and is typically followed by: Where does your baby

sleep? Believe it or not the two are related! A recent study showed that parents who co-sleep (share the same sleep surface) actually get less sleep compared to parents who do not share the same sleep surface as their baby. Luckily there is a middle ground that is good for the family and the baby.

It is recommended that infants should sleep in the same bedroom as their parents, but on a separate surface, such as a crib or bassinet for the first year of life. Placing infants on soft surfaces such as chairs and couches are considered hazardous and

can increase the risk of sudden infant deaths syndrome (SIDS). Approximately 3,500 infants die annually in the United States from sleep-related deaths including SIDS and accidental suffocation and strangulation.

Fortunately, you only need a few simple steps to create a safe sleep environment. First, make sure to always place the baby on his or her back on a firm sleep surface such as a crib or bassinet with a tight-fitting sheet. Avoid using soft bedding, including crib bumpers, blankets, pillows and soft toys. Always avoid exposing the baby to smoke, alcohol and illicit drugs. By utilizing the safe sleep recommendations listed above everyone is more likely to get good and safe sleep.



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Pediatric Report

by Shannon Lewis, RN, Medical Services Administrator, ANGELS



Peds PLACE (Physicians Learning and Collaborative Education)

Peds PLACE is an interactive weekly pediatric teleconference jointly sponsored by the University of Arkansas for Medical Sciences (UAMS) and Arkansas Children's

Hospital (ACH) that occurs every Thursday at 12:10 CST. A variety of pediatric topics are presented from our ACH physicians as well as physicians around the state, and out of state. See below on how to join in.

You can join Peds PLACE in person at AR Children's Hospital in the Betty Lowe classroom, via teleconference from an interactive video unit (IAV) or Jabber software * (**dial 070231**), via live stream on your PC, Mac, iPad or iPhone by going to www.archildrens.org/video. You can also watch archived presentations by going to the same website. If you are a pediatrician or family practice physician and interested in finding out how to connect with us please email Shannon Lewis lewisshannond@uams.edu.

* **Please note** the Jabber application is being discontinued by 6/30/17, and a new application, Cisco Meeting, will take its place. If you are currently using Jabber and have not yet been notified about the transition over to Cisco meeting please let us know so we can get you the information on how to install Cisco Meeting. Your password will stay the same, but your user name will change and can be emailed to you when you contact Shannon Lewis. The dial in number (using Cisco Meeting) for

Peds PLACE will be **070231@uams.edu**. Note the addition of the "@uams.edu" to the old Peds PLACE dial in number **-070231**. We would like to get everyone switched over by as soon as possible. For any questions or help, please call video support at **501-686-8666**.

Telenursery

led by Dr. R. Whit Hall, professor in Neonatology

- Connects via telemedicine at 8:15 am on M/W/F for a brief census rounds
- Facilitates neonatal transports and back transports
- Neonatal consults as requested. Sub-specialty consults can be arranged
- Follow up reported on your transported maternal patient and/or neonate
- Best practice discussions
- Promoting regionalization of care
- Mother/baby video connection; connect your maternal patient to her neonate that was transported to Arkansas Children's Hospital
- Tele-intubation studies and community opportunities coming soon

Arkansas e-Link Update

By Brenda Pick, BA, Project Manager



The UAMS Center for Distance Health and ANGELS (Antenatal Neonatal Guidelines Education Learning System) sponsored the Second Annual Perinatal Outcomes Workgroup Using Education and Research (POWER)

Conference atop Petit Jean Mountain at the Winthrop Rockefeller Institute in April to help educate state obstetrics/nursery workers on a new initiative for implementing safety bundles to all expectant mothers in the state.

The emphasis of this year's conference was two-fold: postpartum hemorrhage and hypertensive OB patients. The bundles focused on identification of patients with these complications, interventions and how each organization manages these high-risk pregnancies.

There are 40 hospitals in the state of Arkansas that provide labor and delivery services. Of those, 24 hospitals were represented at this year's event with 75 healthcare professionals in attendance

"The new safety bundle initiative can be an extremely useful tool for all labor and delivery hospitals. Adoption of this tool will ensure that all obstetric patients will get the best care available and will get the same care at all of our hospitals in the state,"

- Margaret Glasgow, RNC-OB.

The group also got to hear from two nationally recognized speakers from The Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN). Dr. Debra Bingham, Chairwoman of the Council on Patient Safety in Women's Health Care, delivered the keynote address on perinatal safety. Dr. Elizabeth Rochin, Vice-President of

ARKANSAS  LINK

LINKING HEALTH, EDUCATION, RESEARCH AND PUBLIC SAFETY



Nursing, Education and Practice spoke on AWHONN's initiative to improve perinatal safety.

In addition to the national speakers, Dr. Alan Mease, Medical Director of Child Health at the Arkansas Department of Health, gave an update on the Zika virus and what OB professionals need to be looking for in patients with potential exposure.



Plans are already in the works for next year's conference. If you have any suggestions on topics or would like more information, please contact Margaret Glasgow at glasgowmargarete@uams.edu.